

Pacific Islander Community Health (PIC Health) is looking for Fall interns!!

Internship Focus: Community-based research and physical activity pilot project in the Pacific Islander community

Location: Institute for Behavioral and Community Health (IBACH), 9245 Sky Park Court, San Diego, 92123 (7 miles from SDSU campus) www.ibachsd.org; *Rawmana Fitness*, 4237 Balboa Ave, San Diego, CA 92117

Description of the Project: Pacific Islander Community Health is a community based participatory research project aimed at implementing culturally appropriate strategies to improve health outcomes among the Native Hawaiian and Pacific Islander community in San Diego, California. Dr. Christina Holub has been awarded a grant from UCSD's Clinical and Translational Research Institute, titled "Increasing Physical Activity through a Culturally Tailored, Community-led Intervention among Pacific Islanders: The Rawmana Fitness Pilot Study". This is a continuation of PIC Health's effort to address health disparities in the Native Hawaiian and Pacific Islander (NHPI) community at SDSU's Institute for Behavioral and Community Health. This pilot study aims to increase the physical activity (PA) levels of sedentary NHPIs through a 12-week culturally-tailored intervention in San Diego County. The overarching goal is to foster an academic-community relationship with community partner, *Rawmana Fitness* and prepare the organization for future full-scale research collaboration. The results of this work will inform culturally relevant strategies to promote health and reduce health disparities.

Dr. Holub is currently looking for Fall interns, with the possibility of continuing during the Spring 2016 semester for credit. Tasks include, but are not limited to: working with other organizations and community leaders in the Pacific Islander community, recruitment of community health promoters/stakeholders, participant recruitment, screening, and interviews, coordination of our PA program and trainings, help with research trainings, development of a supplemental food and nutrition program, short literature reviews, survey administration, data entry, and general PR and communications/announcements about the project.

Dates: Apply by **Monday, September 14th, 2015 at 11:59PM**

Open Positions: PIC Health is looking to add 1-2 interns for the Fall 2015 semester.

This is an unpaid internship.

Minimum qualifications/requirements:

- Current undergraduate, or graduate student with interest or experience in Public Health, Kinesiology, Food & Nutrition, Athletic Training or related fields (recent grads may apply)
- Reliable transportation

- Experience conducting interviews and/or administering surveys
- Experience working in the Pacific Islander community, working knowledge/understanding of Native Hawaiian, Samoan, Tongan, and/or Chamorro language and culture
- Basic Microsoft Office and data management skills
- Interns must be able to work independently as well as in a team
- Availability required: 6-10 hours a week

If interested, please send your inquiry to pichealth@gmail.com with “**Intern for PIC Health Pilot-Dr. Holub**” in the subject line, or contact Dr. Holub directly at cholub@mail.sdsu.edu. Please include the following in your email:

- A resume or CV
- Your Fall 2015 semester availability
- A short statement (250 words max) outlining your interest in the PIC Health physical activity pilot study.