

Want to lead exercise classes for Rawmana's pilot study?

Pacific Islander Community Health (PIC Health) and Rawmana Fitness are looking for two persons of Pacific Islander descent to help design and lead a 12-week culturally-tailored physical activity program for Pacific Islanders.

Responsibilities: Our two “Community Health Navigators” will:

- ◆ Receive training and certification in research methods and research ethics
- ◆ Receive training in delivering physical activity classes
- ◆ Develop and lead a physical activity intervention with the guidance of members of PIC Health and Rawmana Fitness

Time Commitment and Compensation: Training, planning, and development of this program is expected to take place from January 2016 to August 2016. Please note that this is a volunteer position.

If you are of Pacific Islander descent, including Native Hawaiian, Tongan, Samoan, or Chamorro, residing in San Diego county and at least 18 years old, we need your help!

Interested? Questions?

Please contact Dr. Christina Holub for more information.
pichealth@gmail.com [email] or (619) 500-7064 [phone]

